

DOS TAEKWONDO RULES & REGULATIONS

- " When first entering the Dojang, bow to the instructor, then to the flag.
- " After breaks, when re-entering you should bow to the flag only.
- " All students are to attend training in full Taekwondo uniform.
- " Nominated higher belts are in charge when Master Instructor is not available.
- " Students are to only attend allocated class times unless prior arrangements have been made.
- " An appropriate level of respect is to be maintained amongst the students and instructor.
- " Inappropriate or aggressive behavior will not be tolerated.
- " Grading and competition deadlines must be adhered to.
- " Strictly no changing or food allowed upstairs.
- " No shoes allowed upstairs. All footwear to be placed on shelves downstairs.
- " The Dojang is to be kept clean and tidy at all times.
- " Training equipment should be returned to its correct location.
- " Spectators and friends are to remain downstairs.
- " Non - Members under the age of 14 are to be supervised downstairs at all times.
- " **STAIRS ARE TO BE KEPT CLEAR FOR SAFETY REASONS**
- " Above all Taekwondo should be an enjoyable activity for all involved.

